

# TECHNICAL DATA SHEET

## FAB3W

TDS01



### Checkmate FAB3W - 3m Webbing Fall Arrest Block

The FAB3W is a lightweight palm size Fall Arrest Block and is so light it can be mounted directly to the users harness via the rear D connector. Also available as a dual assembly for 100% tie off whilst moving between anchorages whilst moving around a structure.

# Xcalibre

**SAFETY BY DESIGN**



#### Rapid Lock-on

The brake activates quickly under the acceleration of the user and triggers the Pawl to lock onto the shaft.



#### Webbing & Shaft

One piece shaft supports the webbing made with Dyneema® which has a minimum breaking load of 15kN.



#### PC/ABS Housings with Grips

High strength housings give protection to the mechanical assembly and include TPE grips to both sides.



#### Shock Pouch

The shock pouch reduces peak shock loads to less than 6kN and extends to varying amounts depending on the fall conditions.



#### Dual Adaptor

A simple coupler connects two FAB3W's which can be mounted on the rear "D" of a full body harness giving the user two attachment points for greater safety in the workplace.



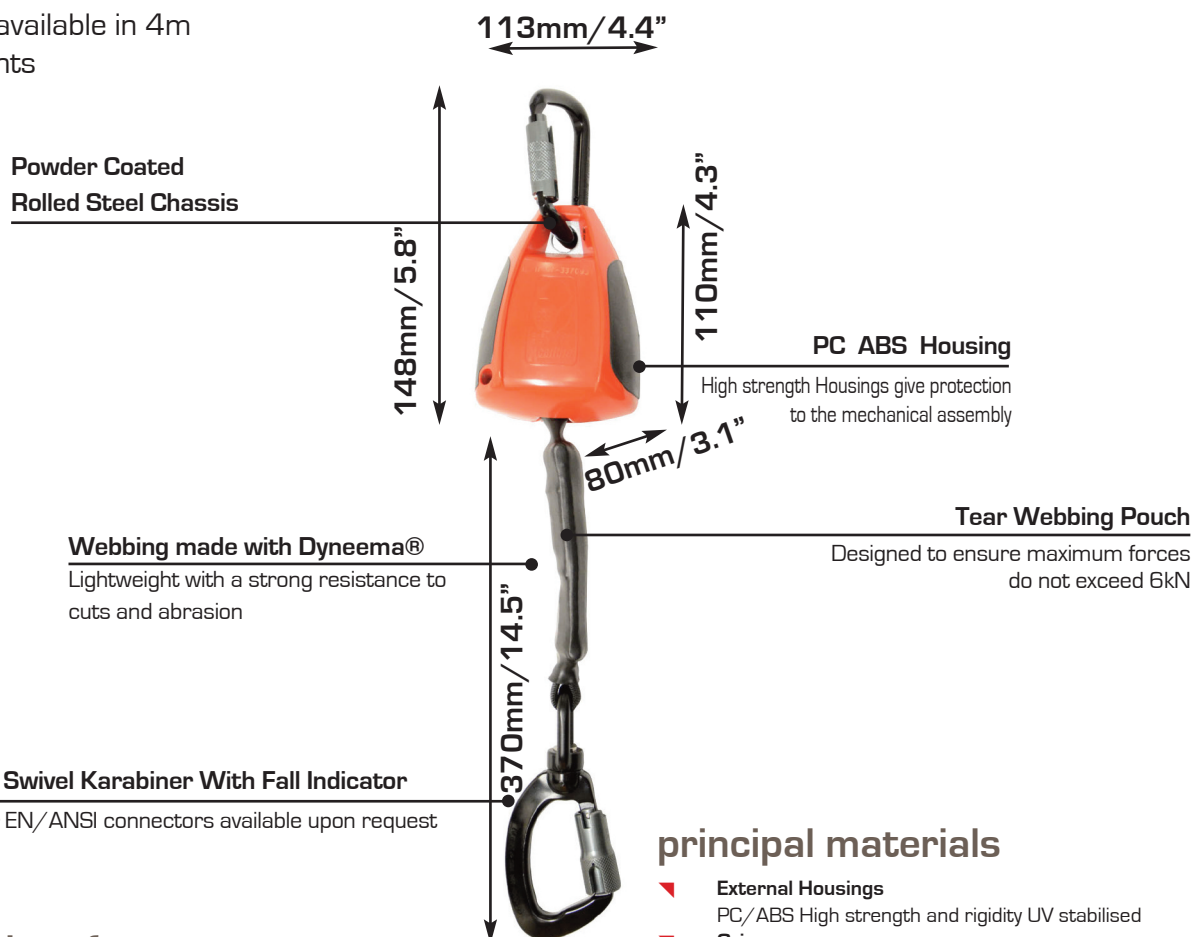
#### Fall Indicating Swivel Hook

The swivel hook includes a fall indicator, which clearly shows if the device has been subjected to a shock load.

## ordering information

Part No.	Length	Description	Weight
▼ FAB3W	3 metres (10ft)	Fall arrest block red [EN]	1.1kg (2.5lbs)
▼ FAB3D	3 metres (10ft) x 2	Fall arrest block red dual [EN]	2.34kg (5.2lbs)
▼ FAB3W-ANSI	3 metres (10ft)	Fall arrest block red [ANSI]	1.3kg (2.7lbs)
▼ FAB3D-ANSI	3 metres (10ft) x 2	Fall arrest block red dual [ANSI]	2.8kg (6.2lbs)
▼ PPEDA-006	N/A	FAB3W dual adaptor kit	<1kg (2.2lbs)

Also available in 4m variants



## product features

- ▼ **Top Connector**  
EN- EN:362 alloy twist lock karabiner  
ANSI- ANSI:Z359.12 steel twist lock karabiner
- ▼ **Bottom Connector**  
EN- EN:362 alloy swivel triple action twist lock karabiner  
ANSI- ANSI:Z359.12 steel swivel triple action twist lock karabiner
- ▼ **Webbing made with Dyneema®**  
22mm minimum breaking load  
15kN
- ▼ **Capacity**  
3m/10ft or 4m/13ft
- ▼ **Maximum Arresting force**  
6kN [EN] 1800lbs [ANSI Class A]
- ▼ **User Weight**  
150kg [330lbs] max [EN]  
140kg [310lbs] max [ANSI]

## principal materials

- ▼ **External Housings**  
PC/ABS High strength and rigidity UV stabilised
- ▼ **Grips**  
TPE
- ▼ **Chassis**  
Hot Rolled Steel, Zinc plated & Passivated
- ▼ **Pawls**  
Steel, hardened - Zinc plated & Passivated
- ▼ **Bearing Plates**  
PTFE
- ▼ **All Fixings**  
Stainless steel
- ▼ **Swivel Hook**  
Alloy-Rated to 25kN [EN] Steel-Rated to 40kN [ANSI]

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## standards

- ▼ EN 360, ANSI Z359.14-2012 Class A, OSHA 1910.66 APP.C and OSHA 1926 Subpart M



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