



Fitting

Using one of the screwlinks attach the package to the harness above the point where the straps cross at the hip. Ensure that the screwlink will not slide along the strap when pulled downwards. Fasten the other screwlink to the same point on the other side of the harness. The package can be further secured by passing the velcro strap around a harness strap lower down.



Use

1 Remove the strop from the package by pulling the tab marked with the arrow.

Note: In panic situations the strop may be deployed by pulling the package away from the harness.

2 Fasten the end of the strop to the screwlink on the other side of the harness using the clip.

3 Place the strop under the feet.



4 Pull the tail end of the strop so that the knees are slightly bent.



5 Stand up to relieve pressure on the legs. Holding the shoulder straps of the harness will help maintain balance.



The strop may be lengthened by pulling the small tab on the buckle.

Maintenance

Maintenance is limited to regular inspection, pay particular attention to the points where the screwlinks fasten around the harness.

Allow to dry away from direct heat.

Usage

All users must receive a copy of these instructions and be familiar with them.

All users must be suitably trained and competent to work in situations where a risk of falling may be present. The heightec Group take no responsibility for injury or accident of any kind arising from the use of this product

Warnings

This item is not PPE, it is only to be used in conjunction with a suspension harness. Ensure that the strop does not interfere with other items of equipment. - **For single use only.**