

# TECHNICAL DATA SHEET PBH02 TWO POINT HARNESS

TDS05



## Checkmate Vantage Two Point Harness

Our entry level fall arrest safety harness with one rear 'dorsal' and one front 'sternum' attachment point.

Lightweight, easy to don with four points of adjustment to ensure a better fit. Available with carbon steel, stainless steel or plastic coated pressed steel dielectric fittings, this harness is suitable for fall arrest and work restraint as well as work positioning on inclined surfaces via a rope and grab.



# VANTAGE

Safety by Design



### Attachment Points

The front and rear "D" rings are safe to connect to any EN compliant fall protection system.



### Reinforced Webbing

Potential stress points are reinforced for an extra level of safety and durability.



### Label Pouch

All individual harness information is kept securely inside the label pouch for easy reference and protection.



### Trapezoidal Buckles

Angled buckles ensure that harness webbing follows the contours of the body for a more comfortable and secure fit.



### Fall Arrest Indicator

Fall arrest indicating tabs allow the user to easily and confidently determine if the harness has been subjected to fall forces.



### End Stops

Webbing ends are finished with a tactile, branded rubber end stop.



### Contrast Stitching

Contrast stitching is used for easy inspection, prior to donning.

## ordering information

Part No.	Description	Weight
▼ PBH02	Two point harness (available in - S, M, L, XL, XL, XXL)	1.1kg (M)
▼ PBH02RD	Rapid Don two point harness (available in - S, M, L, XL, XL, XXL)	1.3kg (M)
▼ PBH02E	Two point harness with elasticated leg loops	1.1kg (M)
Accessories		
▼ TL4.5	Tool lanyard	<1kg
▼ PPEB-33	Parking loop	<1kg
▼ PPEB-23	Comfort shoulder yoke	<1kg



Dielectric Fittings

(Optional)



TL4.5  
Tool Lanyard

(Optional Accessory)



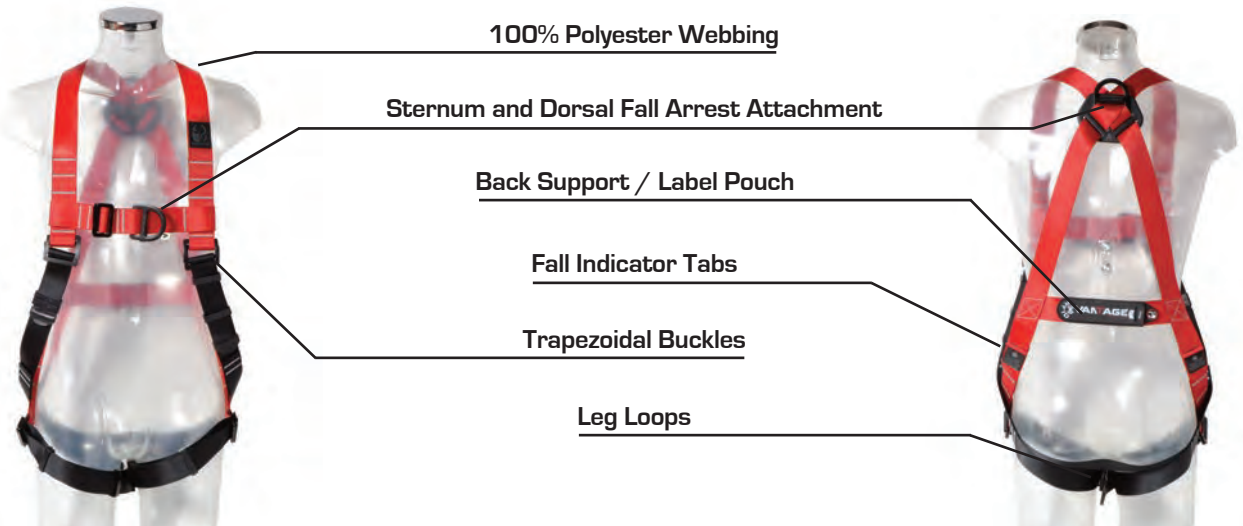
PPEB-33  
Parking Loop

(Optional Accessory)



PPEB-23  
Shoulder Yoke

(Optional Accessory)



## scope of use

The PBH02 is designed to support the body and distribute the forces to prevent serious injury and keep the worker in a safe position ready for rescue in the event of a fall.

Certified fall arrest points are clearly marked with an A, the rear "D" should always be your primary anchorage, although front "D" connection is permitted but is primarily for work positioning.

For fall arrest the PBH02 must only be used in conjunction with an energy absorber or load limiting device with a maximum impact force 6kN.

When used for fall arrest a pre-determined rescue plan must be a part of your safe system of work.

Recommended minimum anchor strength - 12kN.

## specifications

- ▼ **Attachment Points**  
Rear D fall arrest attachment point (Dorsal)  
Front D fall arrest attachment point (Sternum)
- ▼ **Fittings**  
Carbon steel, black powder coated  
Stainless steel (optional)  
Dielectric fittings (optional)
- ▼ **Webbing**  
Polyester webbing, water repellent & UV resistant
- ▼ **Elasticated Webbing**  
45mm Elasticated Webbing (10% Elasticity)
- ▼ **Padding**  
Optional detachable shoulder yoke - thermo formed
- ▼ **Weight**  
See table
- ▼ **User Weight**  
150kg Maximum [Including tools and equipment]

## standards

- ▼ EN 361

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[www.checkmateuk.com](http://www.checkmateuk.com)

