

TECHNICAL DATA SHEET

FBH05 Female Full Body Harness

TDS15



VANTAGE FBH05 Technical Data Sheet

Checkmate Vantage Three Point Female Full Body Harness

The FBH05 has been developed specifically for the female body. The FBH05 offers the highest levels of comfort whilst taking into account the need to offer extra support around the hips and waist. In addition the FBH05 design helps to protect these more fragile areas in the event of a fall. Utilizing some of the latest in advanced textile technology the FBH05 offers breathable comfort padding around the legs, back and lumbar region to increase support and help combat fatigue.

VANTAGE

Safety by Design



Fall Arrest Point

The rear D or 'Dorsal' offers fall arrest attachment. Max user weight - 100kg



Pelvic Strap

Helps to distribute forces into the buttocks and protect the hips.



Work Positioning & Lumbar Support

The thermo formed padded waist belt gives excellent comfort and support. 2 side Ds offer work positioning.



Padded Leg Loops

Thermo formed breathable padding for comfort & support reducing the effects of fatigue.



Fall Arrest Indicator

Fall arrest indicating tabs allow the user to easily and confidently determine if the harness has been subjected to fall forces.

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ordering information

Part No.	Description	Weight
FBH05	3 Point female full body harness - Standard	1.3 kg



Powder Coated Fittings



Protective Label Pouch



Contrast Stitching



Reinforced Load Points



- Polyester Webbing
- Dorsal Attachment Point
- Label Pouch
- Fall Indicating Tabs
- Thermo Formed Waist Belt
- Work Positioning Side Ds
- Pelvic Strap
- Composite Breathable Leg Pads



product features

The FBH05 is designed to support the body and distribute the forces to prevent serious injury and keep the worker in a safe position ready for rescue in the event of a fall.

Certified fall arrest points are clearly marked with an A, the rear "D" should always be your primary anchorage, although front "D" connection is permitted for fall arrest but is primarily for work positioning. Side "Ds" are not certified for fall arrest and are for work positioning only.

For fall arrest the FBH05 must be used in conjunction with an energy absorber or load limiting device.

When used for fall arrest a pre-determined rescue plan must be a part of your safe system of work.

Maximum impact force 6kN.
Recommended anchorage strength 12kN.

principal materials

- Anchorage**
 Rear D dorsal attachment point
 Two side work positioning points
- Fittings**
 Carbon Steel, Black Powder Coated (Standard)
 Stainless Steel, Composite, Click Lock Buckle (optional)
- Webbing**
 Polyester Webbing, Water Repellent & UV Resistant
- Padding**
 Thermo Formed Back and Leg Pads
- Weight**
 See Table
- User Weight**
 100kg Maximum [Including tools and equipment]

standards

- EN 361, EN358



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