



Checkmate Adjustable Rope Lanyard

The Checkmate adjustable rope lanyard has been designed for a variety of uses to prevent a worker from falling at height. A range of connectors are available as end fittings to suit multiple tasks. The three bar slider allows the user to adjust the length of the lanyard in a matter of seconds. Note - Lanyard length is measured between the bearing points of the hooks. Exchanging a karabiner for a scaffold hook could lengthen a lanyard beyond the maximum allowable length under the relevant EN standard.



Low Stretch Rope

The lanyard rope is low stretch which prevents the lanyard from exceeding the maximum allowable length.



Aluminium Adjuster

The sliding aluminium adjuster allows the user to easily shorten the length of the lanyard.



Sewn Terminations

Sewn terminations stitched with contrast thread protected by a clear heat shrink for easy inspection and added safety.



Wear Point

Wear points such as the eye loop are protected by a plastic thimble.

ordering information

| Part No. | Description | Weight |
|----------|--------------------------|----------------|
| ▼ RLA##+ | Adjustable Rope Lanyards | 0.6kg (RLA2BB) |

denotes length in metres

+ denotes end fittings

RLA2BB = 2 metre adjustable rope lanyard with two alloy twist lock karabiners



| A= | End Fitting |
|--------------|-----------------|
| PART CODE | PPEH-45 |
| DESCRIPTION | Alloy snap hook |
| GATE OPENING | 20mm |
| STANDARDS | EN362 & ANSI |



| B= | End Fitting |
|--------------|----------------------------|
| PART CODE | PPEH-76 |
| DESCRIPTION | Alloy twist lock karabiner |
| GATE OPENING | 22mm |
| STANDARDS | EN362 & ANSI |



| C= | End Fitting |
|--------------|---------------------|
| PART CODE | PPEH-47 |
| DESCRIPTION | Alloy scaffold hook |
| GATE OPENING | 63.5mm |
| STANDARDS | EN362 & ANSI |



| D= | End Fitting |
|--------------|-----------------------|
| PART CODE | PPEH-09 |
| DESCRIPTION | Steel twist lock hook |
| GATE OPENING | 51mm |
| STANDARDS | EN362 |

product features

- ▼ **Rope strength**
22kN - minimum breaking load
- ▼ **Maximum Length**
4 metres
- ▼ **User Weight**
100Kg Maximum

principal materials

- ▼ **Rope**
11mm Kernmantle Polyester
- ▼ **Adjustment Buckle**
Aluminium

standards

- ▼ EN 358:2000 & EN 354:2002
(excluding restraint lanyards longer than 2m, which do not claim conformance to EN354)



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